

HEY, CVPA! Wanna learn some cool stuff? See something awesome on So You Think You Can Dance? Just looking to be more well-rounded?

COME TO TUMBLING WORKSHOPS!!!

These classes are especially tailored to the competition dancer and will give your solos and group routines a little more edge (aerials, handsprings, crazy tricks)! However, they are open to everyone – it's good exercise, it's cheap, and it's fun!

MARK YOUR CALENDARS:

July 28th, 29th, 31st

August 1st, 2nd, 4th, 5th, 7th, 8th, 9th

*all days of the week except Wednesdays and Sundays – all classes are at the CVPA Blvd. Studio.

Workshops will be offered the following week depending on demand.

MONDAY WORKSHOPS – 3:00-4:00 PM

ALL OTHER DAYS – 2:00-3:00 PM

Only \$10 per hour, with a four-class MINIMUM commitment (these aren't easy skills)!

Questions? Timing problems? Transportation problems? Feel free to contact Robyn – rdeguzman112@yahoo.com

About the teacher:

Robyn was a former competitive Level 5 gymnast at Golden Bear Gymnastics in Berkeley while simultaneously training in Tae Kwon Do, Judo, and dance. She continued to study acrobatics even while streamlining her interests to dance exclusively.

Currently, Robyn works as a substitute teacher for the Alameda and San Leandro Unified School Districts and holds a B.A. in Dance from the University of California, Irvine. She still takes gymnastics and dance and has recently dabbled in breakdancing (which she can teach you, too!).

Robyn is CPR-certified and is trained as a First Responder.

Please make checks payable to Robyn De Guzman.

